

Vale of Glamorgan Walking Festival 2024



Walk Name: Penarth Cosmeston Circular

Charge: £5 per adult

Walk Details:



OVERVIEW

Starting from the cliff top car park we will walk to Penarth rugby ground, around the ground, then through the outskirts of Penarth and into Cosmeston Park. We will circumnavigate the park anticlockwise taking in Cogan Wood, the wild bird feeding area, the lakes and the medieval village. Leaving the park, we will climb up to the coastal path with its views of Flat Holm, Steep Holm and the English West Country coastline. We will then return via the coastal path to the start.

Distance / terrain: 4 miles, paved roads and paths

Date: Sunday 8th September 2024

Timing: Start: 14.00 **Return:** approx. 16.00

Leader: Peter 07980 643869

Hospitality: 2 cafes at start/finish. Café in Cosmeston Park on route

JOINING

Meet at: Cliff Parade Car Park, Penarth CF64 5BP

Map ref: ST186704 **What 3 Words:** reveal.strong.spots

Bring: Water and refreshments for stops along route. Wear stout shoes.

Restrictions: No unaccompanied children under 18. No Dogs

TRAVEL

Driving and Parking: Free car parking at start/finish

Public Transport: Contact <https://traveline.cymru>

Booking Link: <https://www.ticketsource.co.uk/valeways/t-eavlrxp>