Vale of Glamorgan Walking Festival 2024



Walk Name: Nordic Walking Demonstration and Taster Session

Charge: A free ticketed event.

Walk Details:



OVERVIEW

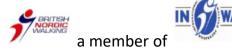
A_Nordic Walking demonstration and Taster session, followed by a short walk

With,. Computer View Computer

Distance / terrain: approx. 2 miles, some grass and hard surfaces, no stiles.

Date: Friday 6th September 2024

Timing: Start: 13.00 Return approx.: 15.00



Leader: Colin Parsons, a British Nordic Walking Instructor

Hospitality: There are several hostelries, cafés and other refreshment outlets at or around the start venue.

JOINING

Meet at: Cowbridge Bear Field, The Broad Shoard CF71 7DA

Map ref: SS993748 What 3 Words: blotches.wheat.wasps

Bring: Water. Refreshments available near venue start/finish

Restrictions: No unaccompanied children under 18. No Dogs

TRAVEL

Driving and Parking: Free Parking at the Old Cattle Market, or Town Hall Car Park where parking fee applies

Public Transport: Contact https://traveline.cymru

Booking Link: https://www.ticketsource.co.uk/valeways/t-avkzlgp